

# Boolaroo Public School

Quality Education in a Caring Environment

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## Newsletter 20<sup>th</sup> November 2012

### Forward Dates

- 20/11 P&C Meeting
- 21/11 Peer Support commences
- 23/11 Fit & Fun Day
- 7/12 Carols by Candlelight
- 10/12 Combined Christmas Scripture
- 13 /12 Presentation Day
- 14/12 Reports Home
- 18/12 Year 6 Farewell & School Disco
- 19/12 Movie Day
- 19/12 Final Day for children 2012

### Active After School

An application for Boolaroo Public School to be part of the "Active After School" program has been forwarded to the Australian Sports Commission and I am seeking an Expressions of Interest from parents who would be interested in having their child/children being involved in the program for 7 weeks in each of terms 1 and 2 of 2013. The program would be offered from 3pm till 4pm on Monday and Wednesday afternoons free of charge to participants and sponsored by the Federal Government. Programs would be provided by fully qualified instructors and would include a snack and drink. A similar program was offered in 2011 during school time but the program can now only be funded if operated after school. It is envisaged that one day would be allocated to K-2 and the other to Yrs 3-6. For the school to participate, a minimum of 15 children is required per session. Activities have not as yet been finalized but possible activities include Zumba or team sport skills e.g. basketball. The program would operate within school grounds and a teacher would assist with supervision.

If you are interested in having your child participate in this program please complete the attached Expression of Interest and return it to

Mr Baker on or before Friday 23<sup>rd</sup> November. Please note that places will be filled on a first in first served basis.

### Peer Support

On Wednesday, 21<sup>st</sup> November the children will enjoy participation in Peer Support which will focus on learning about cooperation, getting along, saying no to bullying, self esteem and respecting one another. The school will be divided into groups which will be led by senior students and supervised by a teacher. The program will occur each week for the next four weeks at 11.30am. I thank Mrs Geres for her organization of this program.

### Healthy Lunches and Recesses

A big thank you to the parents and caregivers who have been providing nutritious lunches and recess snacks for their children at school. Sandwiches, wraps, fruit, vegetables, cheese and salads are all welcome additions to a healthy recess and/or lunch at school and provide students with "brain food" that allows them to perform to their best at school. With this goal in mind, I ask that parents and caregivers not provide lollies, chocolate or similar for your child to eat at school as a sugar "high" can affect their child's learning. I thank you for your assistance in this matter.

### Fit and Fun Day

On Friday, 23<sup>rd</sup> November we will be having a Fit and Fun Day in the school playground commencing 9.30am. Over the morning the children will have a chance to participate in some races, fun activities and tug-o-war with Munibung and Macquarie trying to win as many points as possible. All parents and caregivers are invited to join in for some fun on the day. I thank Mr Lowrey for his organization of the day.



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### Presentation Day

Presentation Day will be on Thursday, 13<sup>th</sup> December commencing 11.30am in the Hall. All parents and caregivers are invited to attend this special assembly.

### Movie Day

Movie Day will be Wednesday, 19<sup>th</sup> December and the children will depart Boolaroo School at 11.30am for the Boolaroo Cinema to watch Madagascar 3 commencing at 11.45am. Following the performance classes will depart the cinema to return to school by 1.45pm. Children will be able to bring their own snacks to the performance and dress will be "out of uniform". Permission notes were forwarded home on Monday.

### Recent theft and vandalism

I ask that all members of our school community keep a watchful eye over the school and should anyone suspicious be seen on the school grounds they contact the police **49593699** or school security **1300 880021**. Unfortunately a recent visit by a person or persons unknown has resulted in an act of vandalism (graffiti) and the theft of the school sun dial. The police are presently investigating both incidents.

### Combined Christmas Scripture

The final scripture lesson for the year will be a combined Christmas service on Monday, 10<sup>th</sup> December commencing at 12 noon. It will be held in K/1 room.

### Student Enrolments

Boolaroo Public School is open for new enrolments in all classes K-6. If you know of a family moving into the area this year or in 2013 please encourage them to contact the office as soon as possible on 49581479 to obtain an enrolment form. Enrolling now for 2013 would be very much appreciated.

### Glendale Technology High School Parent Information Night

On Wednesday 21st November, there will be a parent information night for parents of children

attending Year 7 in 2013. It will be held from ?? pm in the school Hall. Tea and coffee will be served and uniforms will be available for purchase from the uniform shop on the night.

**Steve Baker**  
**Principal**

### Sport News

Just a reminder our Fit and Fun Day will take place this **Friday 23<sup>rd</sup> November starting at 9:30am until lunch time**. There will be lots of fun activities for all students. Please remember to pack your child/s hat so that all students can participate.

### Eat Fewer Snacks and Select Healthier Alternatives



### Did you know?

- Around 1 in 5 young people in NSW report eating potato crisps or other salty snacks at least 4 times per week
- Over a quarter of young people in NSW eat confectionary at least 4 times per week
- Most young children eat enough fruit every day, but only about half of children aged 9-15 years have the recommended daily amount.

**See attached fact sheet for more information**

<http://www.healthykids.nsw.gov.au>

### Troy Lowrey - Sports Coordinator

### Awards

#### YCDI Awards



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Tyeisha, Erica & Tristan

### K/1L Awards



Erica, Liberty, Alex & Keelan

### 2/3/4G



Nic, Lochy & Mackenzie

### 5/6B



Tahlia, Jethro, Justis & Jordy

### Good on You Awards



Nic, Hailie & Tristan

### P&C News

Carols Night is on Friday 7<sup>th</sup> December at 6pm. We are still asking for parents to donate any items that we can use to make up packs or hampers to raffle. Any item no matter how small will be appreciate.

The P&C Meeting today will be held in the 5/6 Classroom. Everyone is welcome. If you can't make it but have something you would like brought up please see me or use the suggestion outside the front office.

**Melissa Rawe-P&C President**

### Community News

#### Dynamic Sports Coaching

From the 9<sup>th</sup> to 11<sup>th</sup> January 2013 there will be Cricket Coaching from 9am to 3pm at Empire Park, Bar Beach. The cost of this is \$150. Please phone Luke Reynolds for information on 0408 495 766 or email

[dscclinics@hotmail.com](mailto:dscclinics@hotmail.com)

#### Free Circus Skills Workshop

Circus Challenge are running free workshops for K-12. These fast paced, action packed workshops will have everyone up and learning new skills like juggling, diabolo and acrobatic balance. Skills are tailored to suit each age group. Online booking can be done through the website

[www.circuschallenge.com/2012/BOOKING/html](http://www.circuschallenge.com/2012/BOOKING/html) or you can ring Clinton Woodvine on 0433 127752

#### Self Regulation Workshop For Children with Multiple Diagnoses

The Sensory Clinic is holding this workshop on Wednesday 19<sup>th</sup> December from 9am to 1pm at 220 High Street, Maitland. Self regulation is an important part of any child's ability to learn and engage in play. Sensory triggers can affect self regulation and have a huge impact on a child's learning skills and behaviour. Register by calling Vicky on 4933 9986 or email [mail@thesensoryclinic.com](mailto:mail@thesensoryclinic.com) This workshop will be run by Anna Behnke, Paediatric and

Adolescent Occupation Therapist. She has 16 years experience working with children with sensory sensitivities and sensory processing disorders. The cost of \$75 covers morning tea and handouts.

### Newsletter Advertising



## HOSIN SUL TAE KWON-DO



Have fun, get fit and learn to defend yourself with confidence!

**1st Lesson Free**

1 month free upon joining

**Boolaroo Public School**

**Main Rd Boolaroo**

**Tuesday & Thursday**

**6:00 - 7:30 pm**

**Qualified Black Belt Instructors**

**Brent & Wayne**

**Over 35 Years Combined Experience**

**Phone: 4920 8930**

OR

Call in on the night

### **Active After School Expression of Interest**

(return to Mr Baker on or **before Friday 23/11/12**)

I am interested in having my child participate in the Active After School Program in 2013.  
I understand that places will be awarded on a first in first served basis.

My preferred day is :      Monday              Wednesday              Either Day              (Please circle one)

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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